

Sporting Albany Volleyball Club



Season 10

2023-2024

Informational Handbook

Sporting Albany Volleyball

Our Philosophy:

At Sporting Albany, we strive to provide our athletes with opportunities to develop their skills that are both fun and structurally sound. Our program puts the focus on the athletes. Through skill development and competitive gameplay, SAVB promotes overall growth as student-athletes. We believe that our practices, tournament choices, and off-season offerings help players learn to play the sport of volleyball properly and have fun while doing it! And for those athletes that are looking to continue playing after high school, let us know and we will get you there!

At its foundation, Sporting Albany is built on the expectation that all of its staff, coaches, athletes, and supporters will demonstrate the highest levels of personal responsibility, accountability, commitment, and respect. Not only does this put our athletes and our club at a higher chance for success, but it also encourages us to excel as teammates, students, and members of the volleyball community.

Coaches:

James Lemire
Luke Kubisch
Zack Kuhn
Jarod Martel
Andrew Baker

Nancy Neff
Meghan Neff
Kristen Neff
Liam Meachem
Braden Racey
Lizzie Stoffer
Katherine Jepsen
Elaina Moisidis

Teams:

We are aiming to field 3 boys teams and 7 girls teams this season. **The structure of these teams is subject to change based on the number of athletes at tryouts.**

Boys 18U Lemire
Boys 15U Kubisch
Boys 14U Kuhn

Girls 18U Nancy
Girls 17U Kristen
Girls 16U Meghan
Girls 15U Meach
Girls 14U Lizzie
Girls 13U Katie
Girls 12U

Other Programs:

Practice Players - We will be offering practice players positions to select players. A Practice Player position allows players to practice with our teams, but they will not be on the regular tournament roster. If a team is missing players for a specific tournament, practice players may be asked to sub.

Skills Academy – We are bringing back our Skills Academy program! This program will focus on skill development for Middle and Elementary School aged players who are not already on an SAVB roster. Skills Academy dates, times, and locations are TBD.

Tryouts/Registration

To register for tryouts, please head over to our website (<https://sportingalbanyvolleyball.com/club-tryouts/>) and click on the "Sign Up Here" button to access the Google Form.

Tryout Requirements:

1. **Active USA Volleyball Membership attained through SportsEngine.** For tryouts, the "Tryout" or "Single Event" membership will suffice. Proof of membership - physical or digital - needs to be presented at tryouts.
2. **One-time \$20 SAVB Tryout fee.** Must be submitted before or at check-in of the player's first tryout date. Can be cash, check (made out to "Sporting Albany Volleyball") or Venmo club director Zack Kuhn (@Zack-Kuhn).
3. **Completed USAV Medical Release Form.** Found on our website.

TRYOUT DATES

All tryouts will be held @ The Academy of the Holy Names (1075 New Scotland Rd, Albany, NY 12208).

Boys (15u – 18u)		Girls (14u – 18u)	
Saturday, September 9 + Saturday, September 16		Sunday, September 10 + Sunday, September 17	
1pm – 2:30pm	15u & 16u	9am – 10:30am	14u
2:30pm – 4pm	17u & 18u	10:30am – 12pm	15u
		12pm – 1:30pm	16u
		1:30pm – 3pm	17u & 18u

Boys (14u)		Girls (12u & 13u)	
Saturday, October 14		Saturday, October 15	
2:30pm – 4pm	14u	1pm – 2:30pm	12u & 13u
Sunday, October 15		Sunday, October 15	
10:30am – 12pm	14u	9am – 10:30am	12u & 13u

*Please make an effort to attend AT LEAST ONE tryout date (preferably both). You are eligible for position offers by attending at least one day. If you cannot make either, please contact us.

**Attending tryouts and/or having previously played for SAVB does NOT guarantee you a spot on a team. Every year SAVB coaches do their best to evaluate and re-evaluate players when selecting rosters.

How will I know if I have made a team?

Within a week of finishing tryouts, we will send out position offers via SportsEngine. Each player will have 14 days to accept their offer before it is vacated. Once you accept an offer, your SportsEngine account will be linked to Sporting Albany Volleyball Club.

Practices

Each team will receive about 40 practice days. We aim to have 2 practices per week*. Practices will begin after Thanksgiving and end before Memorial Day. We will take the last 2 weeks of December off. Our practice facilities will include **The Academy of the Holy Names, Albany Academy, and Our Savior's Lutheran School**. Practices will take place **between 6pm and 10pm**. Our *tentative* schedule is as follows:

TEAM	LOCATION	DAYS (M, T, W, and/or TH)	TIMES (varies 6pm – 10pm)
Girls 18u	Academy of the Holy Names	T, W	8:30-10pm
Girls 17u	Academy of the Holy Names	T, W	8:30-10pm
Girls 16u	Academy of the Holy Names	T, W	7-8:30pm
Girls 15u	AHN / Our Savior's	M, Th	7-8:30pm
Girls 14u	Academy of the Holy Names	T, W	7-8:30pm
Girls 13u	AHN / Our Savior's	T, Th	6-7:30pm, 7-8:30pm
Girls 12u	AHN / Our Savior's	T, Th	6-7:30pm, 7-8:30pm
Boys 18u	AHN / Albany Academy	M, W	8:30-10pm
Boys 15u	AHN / Albany Academy	M, W	7-8:30pm
Boys 14u	Our Savior's / Albany Academy	T, W	7:30-9pm, 7-8:30pm

*Any snow cancellations will be made up to the best of our ability. Depending on the practice facility, we may be able to schedule a make up for the same week. If not, practices are made up in the month of May.

Tournaments

- SAVB teams will participate in a variety of **USAV, AAU, and JVA** tournaments.
- "Local" tournaments are any tournaments within an hour driving distance and do not require a hotel stay.
- Travel tournaments generally require at least one night in a hotel, but some do not. Popular travel locations for SAVB are Western New York, Massachusetts, Connecticut, Pennsylvania, and Rhode Island.
- Teams who are interested in traveling to bigger tournaments (i.e., Nationals) must let their coaches know at the beginning of the season. Arrangements will be made if there are enough committed Players, Parents, and Coaches

All **Girls 18u – 15u** teams can expect:

- About 16 tournament days
- Mostly travel events
- 1 or 2 local events

All **Boys 18u – 15u** teams can expect:

- About 15 tournament days
- Mostly travel events
- 1 or 2 local events

Girls 14u teams can expect:

- About 12 tournament days
- At least half local events
- About 2-3 travel events

Boys 14u teams can expect:

- About 10 tournament days
- Mostly travel events, but not all will require a hotel
- 1 or 2 local events

All **Girls 13u – 12u** teams can expect:

- About 10 tournament days
- Mostly local events
- 1-2 travel events

Club Fees/Payments

What can you expect to pay?

1. USAV Membership.

- Attained through **SportsEngine**. Click [HERE](#) to sign in and/or create an account.
- All players are required to have the \$65 "IREVA Full Junior – Player" membership upon acceptance to a team. If you have previously purchased a cheaper membership for tryouts, you will be able to upgrade to the "Full" membership for the difference. Your receipt will show the membership split into separate costs for USAV and IREVA, but the end total should still equal \$65.

2. Sporting Albany Club Membership Fee

- Membership fees cover the costs of tournament fees, practice gym rentals, uniform costs, admin costs, and equipment costs.
- Club membership fees will also cover each athletes' **AAU membership**. The club will submit all AAU memberships so parents do not have to!
- **Travel costs are NOT included in the club fees.**

	TOTAL FEES	Dec 1 st (or upon acceptance to team)	Jan 1st	Feb 1st
Girls 18U	\$1500	\$800	\$400	\$300
Girls 17U	\$1500	\$800	\$400	\$300
Girls 16U	\$1500	\$800	\$400	\$300
Girls 15U	\$1500	\$800	\$400	\$300
Girls 14U	\$1250	\$700	\$350	\$200
Girls 13U	\$1050	\$600	\$250	\$200
Girls 12U	\$1050	\$600	\$250	\$200
Boys 18U	\$1500	\$800	\$400	\$300
Boys 15U	\$1500	\$800	\$400	\$300
Boys 14U	\$1050	\$600	\$250	\$200
Practice Players	If offered - \$500 full season commitment or \$150 month-to-month commitment			
Skills Academy	TBD			

Payments can be submitted by:

- **Cash or Check** (made out to "Sporting Albany Volleyball")
 - Can be mailed to 252 Spring Ave, Rensselaer, NY 12144 or dropped off at practice
- **Venmo** (sent to Club Director @Zack-Kuhn)
 - "Zack" with a "k". The club logo is the account profile picture.

@Zack-Kuhn



Any payments more than 14 days past due will be subject to a \$25 late fee and the athlete may not be permitted to participate in practices or tournaments until payment has been made.

If there are any concerns about payments or if you have any questions, please contact Club Director Zack Kuhn. We are always open to adjusting payment plans if needed.